



spring PROFESSIONAL
DEVELOPMENT
CONFERENCE

TRUSTED PARTNERS IN HEALTH

MARCH 1 AND 2, 2019

DOUBLETREE BY HILTON WEST EDMONTON

HIGHLIGHTS:

- Concurrent sessions for diverse learning opportunities
- Expert presenters delivering timely and practical information for your practice
- Opportunities to connect with your peers

WHEN & WHERE

MARCH 1 AND 2, 2019 | DOUBLETREE BY HILTON WEST EDMONTON

FRIDAY, MARCH 1

KEYNOTE

The State of Pharmacy Practice in Alberta - Accomplishments, Threats and Opportunities

Presenter: Ross Tsuyuki, BScPharm, PharmD, MSc, FCSHP, FACC, FCAHS

Alberta pharmacists should be proud of having the broadest scope of pharmacy practice in the world. This scope, termed “a full scope of pharmacy practice” is now recognized as the worldwide standard of practice that other jurisdictions are aspiring to achieve. There are, however, numerous threats to pharmacy practice, yet we are also presented with unprecedented opportunities to contribute to primary care – we need to take the lead on behalf of our patients and our profession.

THERE WILL BE A WINE AND CHEESE RECEPTION TO FOLLOW.

SATURDAY, MARCH 2

OPENING PLENARY

Vocal Resilience for Pharmacists

Presenter: Merrill Tanner, R.SLP, MBA, MMus, PhD

Pharmacists require a resilient voice to perform their work duties and enjoy socializing. Your voice is part of your public image and any voice problem (e.g. upper respiratory tract infection) may interfere with communication. Tools to maintain vocal health and maximize vocal potential will be revealed, discussed and practiced within the session.

CONCURRENT SESSIONS

Registrants can attend either one long session and two short sessions or four short sessions.

LONG SESSION

General Principles of Patient Assessment

Presenter: Sherif Hanafy Mahmoud, BScPharm, MSc, PhD

As the clinical role of pharmacists continues to expand, there is greater involvement in chronic disease management and acute symptom assessment occurring in the pharmacy. This session will improve pharmacists' competence in acute and chronic symptom assessment, lab interpretation and evaluating physical findings. By the end of this session, learners will have a greater ability to consistently and efficiently identify, categorize and prioritize drug therapy problems through a patient-centered approach.

SHORT SESSIONS

Getting to the Heart of it: Caring for your Patient Post-Myocardial Infarction

Presenter: Sheri L. Koshman, BScPharm, PharmD, ACPR, FCSHP

Myocardial infarction is common and treatment, including pharmacotherapy, continues to evolve. Pharmacists are often the first point of contact upon discharge from hospital and play an important role in assessing therapy, medication reconciliation, medication teaching, management of adverse effects, and promotion of adherence. This session will be case-based and walk participants through common scenarios of patients newly discharged from hospital post-MI. Future considerations for treatment in these patients will also be discussed.

Prescribing for Acne, Allergic Rhinitis and Nail Fungus

Presenter: Carlene Oleksyn, BSP, RPh, CDE

Prescribing for minor ailments provides new opportunities for pharmacists to use their additional prescribing authority but also presents challenges in encompassing patient assessment and prescribing opportunities in day to day practice. This session will focus on the knowledge and skills needed from beginning to end in prescribing for these three common minor ailments.

Location, Location, Location: Administering a Safe Injection

Presenters: Betty Golightly, BScPharm, FTM (Glasgow),
Beverly Lounsbury, RN

Alberta pharmacists' scope of practice has included administering immunizations by injection for more than a decade. Over this time, injection training programs (landmarking) and professional experiences (injecting children) have likely varied. An article in the September/October 2018 CPJ indicates that Shoulder Injury Related to Vaccine Administration (SIRVA) is on the rise particularly due to poor landmarking. Also, while we have always been authorized to give injections to those 5 years and older, some pharmacist have limited experience injecting children and/or people who are needle-averse. This session will have a hands-on review of landmarking for all ages as well as helpful distraction and holding techniques.

What a Senior Wants: Adapting Pharmacy Practice to Meet the Needs of Older Adults

Presenter: Cheryl A. Sadowski, BScPharm, PharmD, FCSHP, BCGP

Senior and elderly patient care represents an entirely unique area of practice with its own set of ongoing trends and challenges. By the end of this presentation, attendees should be able to compare and contrast different models of health aging, identify changes in specific practice settings that can be used to improve elderly care, and identify trends in seniors' expectations regarding health and the delivery of care. In addition, those in attendance will also gain a greater understanding of the current state of public funding and policies related to seniors' health in Canada.



The Role of the Pharmacist in Reversing Type 2 Diabetes with Therapeutic Nutrition

Presenter: Sean McKelvey, BScPharm, RPh

Reversal of type 2 diabetes has recently become a realistic clinical objective. The Institute for Personalized Therapeutic Nutrition (IPTN) is currently co-leading a ground-breaking clinical trial to determine the impact of a pharmacist-led therapeutic nutrition intervention on type 2 diabetes. Sean will share preliminary results from the study, highlighting the important role that pharmacists can play in medication safety and deprescribing.

AFTERNOON PLENARY

Antimicrobial Stewardship in the Primary Care Environment

Presenter: Shelita Dattani, BScPharm, PharmD

Antimicrobial resistance (AMR) is an international public health threat. Antimicrobial stewardship is a strategy employed to follow evidence based prescribing and limit antimicrobial overuse thus mitigating AMR. The majority of antimicrobials are prescribed in the primary care environment. This presentation will provide an overview of strategies for pharmacists to act as antimicrobial stewards in community practice environments.

SUNDAY, MARCH 3 (8:00AM - 12:00PM)

OPTIONAL SESSION (\$85.00 +GST) (HOT BREAKFAST INCLUDED)

A Primer on Medical Cannabis

The use of cannabis is becoming increasingly prevalent and pharmacists need to know how to advise their patients. This seminar will review aspects of medical cannabis that will aid you in providing information and support to your patients. From the pharmacological basics to the current landscape, attendees will get a wide range of cannabis-related information. Topics include a variety of pharmacological information on medical cannabis and information about how to incorporate medical cannabis patient care into your practice.

Confirmed Speakers:

- Shelita Dattani, BScPharm, PharmD
- Ali Oonwala, BScPharm



The Alberta Pharmacists' Association is accredited as a provider of continuing pharmacy education by the Canadian Council on Continuing Education in Pharmacy.

Accreditation: 10+ CEU's (pending accreditation). Along with your conference materials you will receive a Statement of Attendance to complete. Each pharmacist should claim only those credits that he/she actually spent in the session(s).

SCHEDULE

FRIDAY, MARCH 1, 2019

6:00pm-7:00pm	Conference Registration
7:00pm	Keynote Wine and Cheese Reception to Follow

SATURDAY, MARCH 2, 2019

7:15am-8:00am	Registration and Breakfast
8:00am-9:00am	Opening Plenary
9:15am-11:45am	Concurrent Sessions*
11:45am-1:00pm	Buffet Luncheon/Exhibitor Hall
1:00pm-2:00pm	Afternoon Plenary
2:10pm-4:30pm	Concurrent Sessions*

*Networking Refreshment Breaks 10:15am-10:45am, 3:10pm-3:30pm

SUNDAY, MARCH 3, 2019

8:00am-12:00pm	Optional Session: Medical Cannabis
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ACCOMMODATIONS

Special rates have been secured.

Please make reservations by Jan 30, 2019 directly through

[DoubleTree by Hilton West Edmonton](https://doubletree.hilton.com/en/dt/groups/personalized/Y/ YEGNMDT-AP9-20190228/index.jhtml?WT.mc_id=POG)

(OR copy and paste the following link into a web browser)

https://doubletree.hilton.com/en/dt/groups/personalized/Y/ YEGNMDT-AP9-20190228/index.jhtml?WT.mc_id=POG

Or by phone at 780.484.0821 or

toll free number 1-800-661-9804 (Booking code: AP9)

FOR MORE INFORMATION

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REGISTER TODAY!

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ONLINE: WWW.RXA.CA · FAX: 780.990.1236 · PHONE: 780.990.0326

CONTACT INFORMATION

First Name (will be used on badge): _____

Last Name: _____

License No: _____ Organization: _____

Mailing Address: _____

City: _____ Province: _____ Postal Code: _____

Phone: _____ Fax: _____

Email: _____

Please specify if you have special dietary needs or restrictions:

CONFERENCE MATERIALS

Conference materials (schedule, speakers, presentations, etc.) will be available and can be printed through the Eventmobi app, using your computer, smartphone or tablet prior to attending the conference. Details on how to access the app will be provided in your confirmation.

- Optional: If you would prefer to have RxA pre-print the handouts for the sessions you are attending for a fee of \$25 + GST = \$26.25, check the box. Please Note: Only handouts where the speaker has authorized distribution will be printed and included in the package.

CONFERENCE REGISTRATION

Registration fees are per person and include access to conference materials, Friday and Saturday educational sessions, breakfast, lunch and refreshment breaks.

	EARLY BIRD (BEFORE FEB 20, 2019)	REGULAR (AFTER FEB 20, 2019)
RxA Member	\$275 + GST = \$288.75	\$300 + GST = \$315.00
Student	\$75 + GST = \$78.75	\$100 + GST = \$105.00
Non-Member*	N/A	\$475 + GST = \$498.75
	Conference Registration Fee:	\$ (A)
Pre-Printed Session Handouts	Optional: Pre-Printed Handout Fee: (\$25 + GST = \$26.25)	\$ (B)
Sunday Session	Optional: Fee: (\$85 + GST = \$89.25)	\$ (C)
	Total Fees Enclosed (A) + (B optional) + (C optional)	\$

*If you are NOT an RxA member, an RxE-MEMBER Advantage credit of \$100 will be added to your RxA account as an incentive for you to purchase your RxA membership for the next membership year. For details about the RxE-MEMBER Advantage program go to: <https://www.rxa.ca/professional-development/re-member-advantage-program.aspx>

Any person who attends an RxA event grants permission to RxA, its employees and agents (collectively "RxA") to record his or her visual/audio images, including but not limited to, photographs, digital images, voices, sound or video recordings, audio clips, or accompanying written descriptions, and without notifying such person, to use his or her name and such images for any purpose of RxA, including advertisements for RxA and its programs.

PAYMENT

Fees are payable to the Alberta Pharmacists' Association (RxA) by Cheque, Visa or MasterCard. Receipts will be provided as part of the delegate package at the conference.

Name on Credit Card (please print) _____

Card Number _____ Expiry Date _____

Cheque Visa Mastercard

Signature _____

CANCELLATION POLICY

Full Refund (less \$30 administration fee) until Feb 22, 2019; no refund after this date.

Yes, I have read and understand the Cancellation Policy.

CONFERENCE SESSION SELECTION

You must pre-select sessions

FRIDAY

- Keynote

SATURDAY

In addition to the opening and afternoon plenaries, registrants can choose to attend **either one long session and two short sessions (Option 1) or four short sessions (Option 2)**. Your session times will be assigned based on space availability.

OPTION 1:

ONE Long Session 2hr

- Patient Assessment

AND TWO Short Sessions 1hr each

- Myocardial Infarction
 Nails, Rhinitis & Acne
 Injection Landmarking
 Seniors' Health
 Therapeutic Nutrition

OPTION 2:

FOUR Short Sessions 1hr each

- Myocardial Infarction
 Nails, Rhinitis & Acne
 Injection Landmarking
 Seniors' Health
 Therapeutic Nutrition

SUNDAY

Optional Session (\$85 + GST = \$89.25)

- Medical Cannabis

